

In the instance of a Suspected Covid Case (SCOVID) or a known COVID case the following PPE use and disposal guideline is **MANDATORY**.

BEFORE YOU ENTER PARTICIPANTS PREMISES

Please place on your body in the following order

GOWN

Correct surgical gown to be worn and placed over clothing



1

SURGICAL MASK

- A correct surgical mask must be worn at every service
- Ensure the nose piece is adjusted to close over the top of nasal bridge
- Ensure the loops are securely around your ears
- Your mask must be changed either after every service OR every 4 hours if on the same service

2



GOGGLE

must cover both eyes and can sit over your face mask



3

4



FACE SHIELD

is to be placed over the head put on after surgical mask and goggles are secured

SANITISE YOUR HANDS AND ENTER PREMISES



5

6



SHOE COVERS

are to be placed on before gloves. Ensure both shoes are fully covered

SANITISE HANDS



7

8



GLOVES

Sanitise hands and allow 10 seconds to dry before putting on Gloves

Things to remember whilst you are on service:

- If at anytime any part of your PPE is compromised, you will need to replace that item and any other PPE items that may have been compromised, ensuring you are Sanitising your hands beforehand
- Your Mask must be changed/ disposed of every 4 hours if on the same service
- Never 'hang' your mask off your ear. If you need to remove your mask for any reason you will need to replace it
- Cloth Masks are NOT to be worn on a service
- Gloves must be worn as a **ONE TIME USE** only. They must be changed if you are changing the form of service, you are providing, and **MUST** be disposed of at the end of each service.
- You **MUST NOT WASH or SANITISE gloves**

Always be aware of your movements:

Do I need to adjust any of my PPE?

If so, do I need to change the PPE?

What am I touching?



REMOVAL AND DISPOSAL

You must start removal of your PPE whilst **IN** the participants premises. Ensure you have access to a garbage bag, an **open bin ready** and are no longer required to touch anything further.

The order of removal is



Removal Procedure

- 1 Whilst still IN participants premises remove your SHOE COVERS and place them in a garbage bin in the participants' room/house
- 2 Use your Elbow (where possible) to exit the room and house
- 3 Have ready 1 x Double garbage bag and also 1 x Single Garbage bag. Also, an open bin ready
- 4 Remove Gloves and dispose into Double Bag
- 5 Sanitise hands allow 10 secs to dry
- 6 Remove Gown and dispose into Double Bag
- 7 Sanitise hands allow 10 secs to dry
- 8 Remove Shield and Goggles. If available wipe down with antibacterial wipes and place into Single Garbage bag. You can seal this bag and wash with hot soapy water before using again.
- 9 Sanitise hands allow 10 secs to dry
- 10 Remove Mask and dispose into Double Bag – Seal double bag and place into appropriate open bin
- 11 Sanitise hands allow 10 secs to dry
- 12 When possible you may also wash your hands using correct Covid Hand Washing technique and ensuring you use paper towels to dry your hands

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There is No Substitute for Experience

Further questions please contact

afea.com.au
1300 65 11 33
hello@afea.com.au